

4 September 2020

Our Residents and Representatives Mountain View Aged Care Centre The Salvation Army Aged Care

RE: A CHANGE IN RISK LEVEL

Dear All,

We appreciate your patience with regards to the Public Health Unit ("PHU") assessing the instances of influenza-like symptoms at Mountain View Aged Care Centre. Based on updated advice from the PHU, we have reviewed our Risk Assessment Matrix and we will move your Centre to Risk Level 4 effective 2pm today, 4 September 2020. As our utmost priority is keeping your loved one safe, we appreciate your patience with regards to this change. At Risk Level 4, the following will now apply:

- Visitors will be permitted to visit the centre for care and support visits, but are restricted to a maximum of 2 people per visit once per day and for 2 hours;
- Children under the age of 16 will be permitted to visit;
- Visiting hours will be from 9-11am and 2-4pm daily. On Monday, Wednesday and Friday, visits are additionally permitted from 6-8pm;
- Residents may leave the Centre, but they must ensure that they practise physical distancing of 1.5 metres and good hand hygiene;
- All residents moving into the Centre or returning from overnight leave (for example, from hospital leave) will need to isolate for 7 days upon their return to the centre;
- Large group activities and outings will not be allowed but small group sessions and individual activities may be made available through the centre. These activities and sessions can take place outdoors with 1.5 metres of distance between residents or indoors with 1 person per 4 square metres;
- Staff screening will continue including temperature checks;
- All residents will continue to have their temperatures checked.

If you are visiting, please check ahead that you aren't coming from a restricted area. We encourage you to familiarize yourself with this website: <u>https://www.covid19.act.gov.au/</u>

If you are a visitor and have symptoms of respiratory illness, including a cough or a cold, or if you have a fever or have lost your sense of taste or smell, we ask that you do not visit the centre and that you speak to your General Practitioner and/or call the National Coronavirus hotline. If you are a resident and you have these symptoms, please notify the Centre Manager.



We do not take any decision lightly when it comes to the safety and wellbeing of our residents and their loved ones, especially in the current environment of the COVID-19 pandemic. We understand that the situation is changing rapidly given the nature of COVID-19 and we appreciate all that you are doing to protect our residents and your loved ones.

If you have any questions, please get in touch with your Centre Manager.

Kind regards,

Samantha Feddema General Manager – Residential Services The Salvation Army Aged Care

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