



30 June 2020

Our Residents and Representatives
Mountain View Aged Care Centre
The Salvation Army Aged Care

Dear All,

There have been several changes made to the visiting restrictions for residential aged care centres in the ACT which include the following:

- No more than two people can visit at any one time;
- Children of all ages are now permitted to visit but under supervision to ensure hygiene and physical distancing measures are practiced;
- Professional services are now permitted but by no more than two people and for no longer than two hours;
- Quarantine periods are no longer required for new admissions and those returning from overnight hospital admission where the hospital admission was not related to COVID-19;
- Additionally, given the current situation in Victoria, anyone visiting the ACT from the Melbourne COVID-19 hotspots should not visit a residential aged care centre for 14 days after leaving the hotspot as a precaution.

These new restrictions will be implemented from Wednesday 1 July 2020. Visits must still be kept to the residents' room or a specific area designed for visits but avoiding communal areas and take place between **9am-11am** and **2pm-4pm**. Physical distancing requirements of 1.5 metres should still be adhered to and we also ask that you continue to practice good hand hygiene. As mandated by the Government, all visitors to residential aged care centres must have the current flu vaccination, including children.

We have also had feedback from family members who are now returning to work that the afternoon visiting hours are a little restrictive in terms of enabling them to visit on their way back from work. Accordingly, the afternoon visiting hours are adjusted to **6pm-8pm** on Monday, Wednesday and Friday's to provide greater opportunity for these family members.

In addition, given that State Governments have been easing restrictions with regards to social distancing requirements in Australia and that there has been a reduction in the risk of local community transmission in most States, we have reviewed our COVID-19 Outbreak Prevention and Risk Management Matrix and decided to transition Mountain View Aged Care Centre from Risk Level 4 to Level 3. This change will be effective from Wednesday 1 July 2020.

At Level 3, all the current visitor requirements remain in place. The key differences relate to volunteers being permitted to come in and visit residents (subject to that resident still receiving no more than two people to visit at any one time). Large group activities can also now take place but with physical distancing requirements adhered to. Staff will continue to monitor residents for signs and symptoms of respiratory infections.



Should you have any questions or concerns, please contact your Centre Manager.

Kind regards,

A handwritten signature in black ink that reads "S Feddema".

Samantha Feddema

General Manager – Residential Services

The Salvation Army Aged Care