



*“I feel very fortunate to be living in a beautiful house by the water in Balmain with excellent care and wonderful services.”*

Paul, resident



RESIDENTIAL AGED CARE



Contact us

We invite you and your family to visit our Centre and meet our community.

- T 02 9818 2355
- E [agedcare.enquiries@salvationarmy.org.au](mailto:agedcare.enquiries@salvationarmy.org.au)
- W [agedcare.salvos.org.au](http://agedcare.salvos.org.au)

Our friendly team are available on **1300 111 227** for any general advice on the aged care admission process.

Follow our residents’ stories on Facebook  
f [facebook.com/TheSalvationArmyAgedCare](https://facebook.com/TheSalvationArmyAgedCare)

Holistic care that’s all about you

Montrose Aged Care Centre

13 Thames Street  
Balmain NSW 2041  
**02 9818 2355**



Aged Care

## Welcome

The Salvation Army has been providing aged care in Australia since 1899. Our purpose is to promote a unique experience of choice, lifestyle and belonging to all people as they age.

### **Our difference**

- Person-centred model of care
- Dedicated and qualified staff
- A government accredited provider that you know and trust
- Pastoral and chaplaincy services available
- As a not-for-profit, any additional funds go to support the most vulnerable in the community.

## Life in our centre

Montrose Aged Care Centre offers a supportive lifestyle to men with mental health concerns. We are open to anyone requiring residential care, including those who are marginalised and homeless, or at risk of becoming homeless.

Our staff and chaplains go beyond clinical needs to cater for the physical, emotional and spiritual well-being of our residents. We operate on the principles of person-centred care where we take time to learn what is important to each individual and provide a range of programs tailored to these preferences.

These programs are designed to uphold the dignity of our residents and support them in leading a healthy and independent lifestyle. We also recognise the importance of family and friends and welcome them to be an active part of our community. We regularly engage with the local community and provide a wide range of recreational activities.

Our beautiful home is designed with residents' comfort, security and sense of belonging in mind and is close to public transport, shops and local services.



## Our care team

Montrose Aged Care Centre is led by the Centre Manager. Together with our Chaplain, Clinical Coordinator, Registered Nurses, team of specialists and care staff, we ensure that every resident is healthy, comfortable and loved.

### **Types of care we offer:**

- Residential
- Mental health
- Palliative
- Respite

## Our features and services

- 24-hour dedicated and professional support
- Fully-furnished rooms
- Delicious, rotating menus which cater for various dietary requirements, likes and dislikes
- Exercise and nutrition programs
- Recreational programs
- Allied Health Services including a visiting psychiatrist and geriatrician.

