

Sample menu

Breakfast

Selection of cereals, porridge, toasted breads, fruit and yoghurt.

Coffee, tea and fruit juice.

**Hot breakfast (eggs, bacon, grilled vegetables, pancakes ...) available twice a week.*

Morning and afternoon tea

Home-made sausage rolls,
selection of sweet and savoury biscuits, scones, cakes or muffins.
Coffee or tea.

Lunch

Grilled barramundi with lemon butter and tartare sauce,
or roast pork with apple sauce,
or vegetarian schnitzel with Napoletana sauce.

All served with roasted potatoes, roasted pumpkin and creamed spinach.

Panna cotta with mixed berry topping.

Dinner

Roasted vegetable soup.

Spaghetti bolognese with garlic bread,
or ham and cheese croissant,
or salmon and mayonnaise sandwich.

Peach crumble with cream.

Supper

Yoghurt, fruit or mixed sandwiches.

Coffee, Milo or tea.

****We cater for special dietary and cultural requirements.**

Great food makes a great home.



Aged Care